



## LEVEL 1 INTERNATIONAL OPEN MEET

31<sup>ST</sup> MARCH TO 2<sup>ND</sup> APRIL 2023  
AT THE HENGROVE PARK LEISURE CENTRE

Held under Swim England Laws and Technical Rules - **Licence Number** ...1SW230329

Licensed Level 1 for entry into local, regional, and national competitions.

50m, 10 lane pool with anti-wave ropes and electronic timing.

Large spectator seating area and spacious Cafeteria.

### Age as on 2<sup>ND</sup> April 2023

Awards will be given in the following age groups:- 9-10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17& over.

Open meet information/entry pack can be downloaded from the website [www.cobswimmingclub.co.uk](http://www.cobswimmingclub.co.uk) or e-mail us at [cobmeetmanager@outlook.com](mailto:cobmeetmanager@outlook.com)

**Entries Close Midnight on Sunday 12<sup>th</sup> March**

**Officials Sign up**

<https://swim-meet.com/Availability/?m=1343>

**In Partnership with**



# Programme of Events

Friday 31st March 2023

Session 1			
Event 1	Mixed	11 and over	1500m Freestyle
Event 2	Mixed	11 and over	800m Freestyle

Saturday 1st April 2023

Session 1			
Event 3	Girls	10 and over	400m Freestyle
Event 4	Boys	11 and over	400m Individual Medley
Event 5	Girls	9 and over	50 Butterfly
Event 6	Boys	9 and over	50m Breaststroke
Session 2			
Event 7	Boys	9 and over	200m Freestyle
Event 8	Girls	9 and over	200m Breaststroke
Event 9	Boys	9 and over	100m Butterfly
Event 10	Girls	9 and over	100m Backstroke
Event 11	Boys	9 and over	200m Backstroke
Session 3			
Event 12	Girls	9 and over	200m Individual Medley
Event 13	Boys	9 and over	200m Butterfly
Event 14	Girls	9 and over	100m Breaststroke
Event 15	Boys	9 and over	50m Backstroke
Event 16	Girls	9 and over	100m Freestyle
Event 17	Boys	9 and over	50m Free

Sunday 2<sup>nd</sup> April 2023

Session 4			
Event 18	Boys	10 and over	400m Freestyle
Event 19	Girls	11 and over	400m Individual Medley
Event 20	Boys	9 and over	50 Butterfly
Event 21	Girls	9 and over	50m Breaststroke
Session 5			
Event 22	Girls	9 and over	200m Freestyle
Event 23	Boys	9 and over	200m Breaststroke
Event 24	Girls	9 and over	100m Butterfly
Event 25	Boys	9 and over	100m Backstroke
Event 26	Girls	9 and over	200m Backstroke
Session 6			
Event 27	Boys	9 and over	200m Individual Medley
Event 28	Girls	9 and over	200m Butterfly
Event 29	Boys	9 and over	100m Breaststroke
Event 30	Girls	9 and over	50m Backstroke
Event 31	Boys	9 and over	100m Freestyle
Event 32	Girls	9 and over	50m Free

## City of Bristol Level 1 International Open Meet –31<sup>st</sup> March- 2<sup>nd</sup> April 2023

To be held at Hengrove Leisure Park, The Boulevard, Hengrove Park,

Bristol, United Kingdom, BS14 0JZ

**All times are 50m pool times - Licence Number 1SW230329**

**Minimum Qualifying Times, Based on Swim England Minimum Qualifying Times for L1 Gala**

**Please use long course times. Please use your faster time from either converted short course or long course.**

Boys									Events	GIRLS								
9	10	11	12	13	14	15	16	17/Ov		9	10	11	12	13	14	15	16	17/Ov
44.00	41.00	37.00	35.00	33.00	31.00	30.00	29.00	29.00	50m Freestyle	43.00	40.00	38.00	36.00	34.00	33.00	33.00	32.00	32.00
1.34.00	1.28.00	1.22.00	1.17.00	1.12.00	1.08.00	1.05.00	1.04.00	1.04.00	100m Freestyle	1.33.00	1.29.00	1.22.00	1.17.00	1.14.00	1.12.00	1.11.00	1.10.00	1.10.00
3.31.00	3.10.00	2.59.00	2.49.00	2.38.00	2.29.00	2.23.00	2.18.00	2.18.00	200m Freestyle	3.31.00	3.09.00	2.58.00	2.47.00	2.40.00	2.36.00	2.34.00	2.33.00	2.33.00
	6.26.00	5.56.00	5.38.00	5.21.00	5.07.00	4.57.00	4.49.00	4.49.00	400m Freestyle		6.27.00	5.56.00	5.38.00	5.26.00	5.18.00	5.12.00	5.09.00	5.09.00
		12.45.00	12.01.00	11.05.00	10.30.00	10.00.00	10.00.00	9.30.00	800m Freestyle			12.45.00	12.01.00	11.27.00	11.07.00	10.56.00	10.47.00	10.17.00
		24.00.00	22.30.00	21.30.00	20.15.00	19.30.00	18.55.00	18.20.00	1500m Freestyle			24.00.00	22.30.00	21.30.00	21.00.00	20.30.00	20.30.00	20.00.00
51.00	47.00	43.00	41.00	38.00	36.00	35.00	34.00	34.00	50m Backstroke	50.00	47.00	43.00	41.00	39.00	38.00	37.00	36.00	36.00
1.46.00	1.41.00	1.33.00	1.27.00	1.24.00	1.19.00	1.14.00	1.12.00	1.12.00	100m Backstroke	1.44.00	1.40.00	1.32.00	1.26.00	1.22.00	1.21.00	1.20.00	1.19.00	1.19.00
3.52.00	3.31.00	3.18.00	3.07.00	2.54.00	2.47.00	2.41.00	2.38.00	2.38.00	200m Backstroke	3.52.00	3.32.00	3.16.00	3.05.00	2.58.00	2.55.00	2.53.00	2.51.00	2.51.00
58.00	54.00	49.00	46.00	43.00	42.00	41.00	40.00	40.00	50m Breaststroke	58.00	53.00	49.00	46.00	44.00	43.00	42.00	41.00	41.00
2.01.00	1.59.00	1.51.00	1.43.00	1.35.00	1.30.00	1.24.00	1.22.00	1.22.00	100m Breaststroke	1.56.00	1.54.00	1.45.00	1.38.00	1.35.00	1.32.00	1.31.00	1.30.00	1.30.00
4.34.00	4.13.00	3.52.00	3.41.00	3.31.00	3.20.00	3.10.00	3.05.00	3.05.00	200m Breaststroke	4.29.00	4.03.00	3.45.00	3.31.00	3.25.00	3.20.00	3.17.00	3.15.00	3.15.00
50.00	45.00	42.00	39.00	37.00	35.00	34.00	33.00	33.00	50m Butterfly	49.00	45.00	42.00	40.00	38.00	36.00	35.00	34.00	34.00
1.56.00	1.43.00	1.37.00	1.30.00	1.24.00	1.19.00	1.14.00	1.12.00	1.12.00	100m Butterfly	1.48.00	1.40.00	1.35.00	1.29.00	1.24.00	1.22.00	1.21.00	1.20.00	1.20.00
4.13.00	3.57.00	3.41.00	3.25.00	3.10.00	2.54.00	2.43.00	2.39.00	2.39.00	200m Butterfly	4.14.00	3.41.00	3.37.00	3.25.00	3.10.00	3.04.00	3.01.00	2.59.00	2.59.00
3.57.00	3.47.00	3.20.00	3.10.00	2.59.00	2.49.00	2.43.00	2.38.00	2.38.00	200m Ind. Med.	3.55.00	3.36.00	3.20.00	3.10.00	3.01.00	2.57.00	2.55.00	2.54.00	2.54.00
		7.42.00	7.06.00	6.40.00	6.17.00	5.55.00	5.39.00	5.30.00	400m Ind. Med.			7.03.00	6.37.00	6.20.00	6.08.00	6.01.00	5.55.00	5.55.00

## **General Conditions**

1. This competition is held under Swim England Laws and Regulations and Swim England (SE) Technical Rules of Racing and has been licenced as Level 1 by Swim England.
2. All competitors must be members of an affiliated club, eligible to compete and registered in accordance with swim England laws and technical rules and may enter in the name of one club only.
3. For the purpose of this meet, Coaches and Team Managers will be responsible for the conduct and safety of their swimmers. It is therefore expected that Team Managers will remain in the seating areas and/or with their swimmers at all times.
4. The Promoter of this event will adhere strictly to the Health and Safety Laws. It should be noted that no-one will be permitted into the changing rooms, poolside, or swimming/spectator seating area until the Promoters and/or Meet Referee are satisfied that these Health and Safety Rules have been met in full. Access to poolside and swimmers' area will at all times be limited to swimmers, coaches in possession of a valid coach's pass, meet officials, and other personnel necessary for the safe running of the meet.

## **Data Protection**

5. The Promoter uses a computer, standard and meet management software to manage entries and results. By submitting and accepting entries to the Meet consent is hereby given, as required by the Data Protection Bill 2018 (GDPR), to the holding of personal information on computer. Certain personal data handled such as name, age, club, recorded and entered times may be made public during or after the meet. All Personal Data will be retained in a confidential manner and access to such Data will be restricted by the Meet Promoter and limited to only those operating the Meet Software in order to process results. Any entry details provided on paper will be destroyed within 1 month of the completion of the Meet. Entry information will be held by TBAS & Event Timing.

## **Photography**

6. Anyone wishing to use a device capable of photography or video recording must take note of the information posters. The full Guidance on Photography can be found in Wavepower 2020-2023, which is available on the Swim England website <http://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/>

## **Entries**

7. All team entries are required to be submitted electronically using the Hy-Tek Team Manager software, or TM Lite software and must be accompanied by the Club Summary Form. Individual swimmer entries ONLY are allowed in paper format using the official meet entry form enclosed.
8. Each event in this competition has an entry time. Entry times must be equal to or faster than the stated times. Times must have been achieved after 1 st January 2022 . These times must have been achieved in Swim England licensed meets at Levels 1 – 3. Entry times must be included in the Swim England Ranking Database. Random checks on entry times will be made. If swimmers are found to have entered the meet with any false times, they will be disqualified from all events that they have entered, and their entry fees will be forfeited.
9. The Promoter will limit the number of entries should events be oversubscribed. Should it be necessary to do so, subject to a minimum of three swimmers being retained in each age group where entries permit, the Promotor shall remove equal numbers of the slowest swimmers from each age group until the meet fits in with the permitted time/restrictions. The Promoter reserve the right to reject any entry where payment has not been made by the closing date for entries.
10. The closing date for entries is midnight on 12<sup>th</sup> March 2023. All swimmers wishing to enter this meet must be registered as a category 2 member of their governing body and age will be as of 2<sup>nd</sup> April 2023.
11. All events will be swum in combined age groups seeded on entry times. Submitted entries must be in accordance with the attached qualifying times, which shall be the faster Long Course or converted Short Course time.

12. It is the responsibility of all swimmers/parents and coaches to enter correct times as a random check will be done on the rankings database to check validity.

13. Disability Swimmer entries - All swimmers must have an authorized SE/IPC swimming classification, Certificate of Disability or Function Ability Card. In addition, details of disability must be provided with entry. Please ensure you present, Certificate of Disability or Function Ability Card to the Referee prior to each competition session, failure to do so may result in disqualification. Please ensure your covering email notifies the meet organiser that your entry includes Disability Swimmers, along with the required information.

Disability swimmers need a time on rankings from 1st January 2022 to enter an event – a lower limit time will not apply.

Swimmers with S1 to S15 classifications will be accepted.

Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4, S5 and S11. • The competition format will be based on disability inclusion within the able-bodied programme. Swimmers will be integrated on a time-banded basis in all events.

Disability Swimmers will be included in the Multi-Disability results and placed within those results according to the number of British Disability Points gained.

Where possible an official who holds the qualification of Swim England Disability Official will act as a technical adviser in each of the sessions where disability athletes are entered.

Medals shall be awarded on a multi-disability basis to 1st, 2nd and 3rd place in each event.

14. A secondary strobe light will be available to aid hearing impaired / deaf swimmers who require an assisted start.

15. Long distance events will be swum as mixed gender, combined age groups and seeded on entry times. Sign In is required for both Long Distance Events and will close as soon as the warmup begins.

16. Prior to the meet, clubs/swimmers will receive a printout or email of accepted entries. Please ensure you check this for accuracy and notify us of any errors as soon as possible. Strictly no refunds on accepted entries unless supported by a letter from a medical practitioner.

17. For all entries please supply an email address to enable us to return your acceptance/rejections and any other information as required.

### **Payment**

18. Cost for entry is £8.50 per event. Except 800m Free & 1500 Free which are £15 per event.

Payments to be made for Accepted entries as soon as entries are confirmed by the Promoter in any case no later than Thursday 31<sup>st</sup> March. If payments are not received before the commencement of the meet a £10 admin will be added.

**BACs payment : Sort Code: 30-99-09 : Account number: 41640468 :**

**Please reference CoB L1 – Club Name or coherent abbreviation**

### **Swimmers**

19. All swimmers must report to the Competition Stewards when instructed to do so. Any competitor not reporting on time may be excluded. All swimmers must be able to execute a competitive racing dive as laid down in SE law or they should start in the water. It is the swimmer's or their representative's responsibility to inform a meet official of any reason why they cannot conform to SE technical rules; this should be done before the event in which they are taking part commences. No swimmer should topple into the water in the event of a false or faulty start, a proper shallow dive must be performed.

## Timing

20. Electronic placing and timing will be used. The operation of the electronic timing will be in accordance with Rule SW 13. Please note that the scoreboard is only an indication of placing/times, and the results will be at the referee's discretion.

## Medals

21. Awards made to the top 3 swimmers for each of the classes in the age groups, 9-10,11, 12, 13, 14, 15, 16 and 17+.

## Officials

22. Clubs are requested to supply a qualified Official for every 7 swimmers entered into the competition for the Saturday and Sunday sessions and one qualified Official for every 3 swimmers for the Friday (distance) session. However, the Promoter will not refuse entries from clubs who are unable to supply qualified Officials. In the event of an insufficient number of Officials being available for any session, the promoter reserves the right to curtail or otherwise cancel that session.

23. All participating officials will be provided with refreshments. For those completing 2 consecutive session, free parking at the council run carpark across the street from Hengrove Leisure Centre will also be provided. The Organisers offer an allowance to each travelling official who **does not** have a participating swimmer entered in the event. Details of which can be obtained from The Promoter.

Officials Sign up Link: - <https://swim-meet.com/Availability/?m=1343>

## Other

24. During the meet, rules may be amended by the Meet Referee where necessary to cover events out of our control and to ensure the meet runs smoothly.

25. Coach/Team Manager passes for the whole or part of the meet will be £15.00 per person, to include a programme. All results will be posted on the City of Bristol websites after the competition. Passes are restricted to a maximum of 4 per club. It is the responsibility of the attending clubs to ensure that all Coaches/Team Managers/Chaperones have an up to date DBS check and always wear their passes when on poolside or in the swimmers' area. Every person poolside at any time must be a registered member of Swim England, Swim Scotland or Swim Wales

26. The meet will operate over the top starts in the interest of saving time.

27. The Promoter reserves the right to exclude any swimmer or coach from the meet who displays inappropriate language or behaviour.

28. The Promoter does not accept any responsibility for Hy-Tek files that contain incorrect data and will not make any changes to times or events entered for swimmers in error after the closing date. Please be aware that any swimmer's details entered incomplete or incorrectly on the Hy-Tek file will prevent their times being updated by rankings

29. City Of Bristol Aquatics are not responsible for any swimmers from other clubs. All clubs are expected to follow the SE Wave Power guidelines on coaches/chaperones to swimmer's ratio.

30. The Promoter, City of Bristol Aquatic or Parkwood Leisure do not accept any liability in the event it is necessary to cancel the meet due to circumstances beyond their control. Neither the promoter nor Parkwood Community Leisure accept any liability for any loss or damage to personal belongings.

Payment Form

<b><u>CLUB</u></b>	
<b><u>CONTACT ADDRESS</u></b>	
<b><u>TEL: NO:</u></b>	
<b><u>E-MAIL</u></b>	

Total Number of Swimmer Entries \_\_\_\_\_

Total Cost of Entries @ £8.50 each \_\_\_\_\_

Total Cost of Entries @ £15.00 each \_\_\_\_\_

Total Cost of Coaches Passes @ £15.00 each \_\_\_\_\_

Total Cheque enclosed \_\_\_\_\_

(All Cheques should be made payable to 'City of Bristol Swimming Club' or BACS payment to :

- Sort Code: 30-99-09
- Account number: 41640468
- Please reference CoB L1 – Club Name or coherent abbreviation

Please e-mail completed summary form, Hy-Tek files and reports (fees and event entries) to [cobmeetmanager@outlook.com](mailto:cobmeetmanager@outlook.com)

**Individual  
Entry Form**

Club		Male or Female			
Surname		First Name		Middle Initial	
Date of Birth		Age as of 2 <sup>nd</sup> April 23		M/F	
Address & Postcode					
Contact Tel Number (Parent or Guardian)					
Email Address					
SE Membership Number		Para Swimmer Please Tick		Para Classification	
Event		Tick		Entry Time	
50m Freestyle					
100m Freestyle					
200m Freestyle					
400m Freestyle					
50m Backstroke					
100m Backstroke					
200m Backstroke					
50m Breaststroke					
100m Breaststroke					
200m Breaststroke					
50m Butterfly					
100m Butterfly					
200m Butterfly					
200 Individual Medley					
400 Individual Medley					
800m Freestyle					
1500m Freestyle					
Total No of Entries	Description		Cost Per Event		Total
	Individual Events		£8.50		
	Long Distance Events		£15.00		
BACS Payment to:- Sort Code 30-99-09 Account No 41640468 Ref July					
I DECLARE THAT THE ABOVE DETAILS ARE CORRECT & THAT I AM ELIGIBLE TO COMPETE IN ACCORDANCE WITH ASA LAW & THAT I UNDERSTAND & ACCEPT THE MEET CONDITIONS					
Signature of Competitor .....					
Signature of Parent*(if under 18).....					





